

Inventory of Intangible Cultural Heritage	
Category	Traditional medicine
Name	Female
Location	South Hebron
Key users/holders	Bedouin community in South Hebron
Brief Description of cultural element	
Traditional medicine is a part of the daily life of the local community here and it has been used for a long time to heal people. It can be derived from nature without the use of any artificial materials. It is effective and it is better than the alternative of chemical medicine used today.	
Material objects associated with the element	
Materials associated with the element include plants, jars to contain them and a grinder.	
How is it used?	Chamomile is taken from nature, it is then washed, boiled and then drained. The grinder is used to crush the plant to a fine texture which is then infused in the boiling water.
Distribution:	South Hebron and across Palestine
The story of the presentation	
I have used chamomile tea when I have had a stomach ache.	
How has this cultural heritage been transmitted to next generation	
Through documentation and through encouraging women to work in the field of traditional medicine. Through holding public meetings to raise awareness among the local community and through teaching others how to use traditional medicine.	
Risk elements	
The lack of using traditional medicine leads to a higher dependence on chemical medicine which are is not beneficial.	
Documentary evidence (ie. Interviews, video, photos)	
Interviews, photos and a video recordings.	